



Nut Awareness Policy

Westerly's Nut Awareness Policy is designed to protect our students who have life threatening nut allergies. For some students with nut allergies, their immune system responds to exposure by the body mistakenly believing it is harmful. Your adherence to the policy will help ensure a safe environment for Westerly students. Westerly School Administration will review this policy annually to update or add new best practices.

Do not send any food items to school that contain peanuts, walnuts, cashews, hazelnuts (Nutella), pecans, Brazil nuts, pistachios, pine nuts, or macadamia nuts.

Ways your family can help keep our campus nut-free:

- Read the list of contents on processed foods and avoid any foods made with the any of the nuts listed above.
- Introduce substitutions for peanut butter, including almond, sunflower, soy, or other nut and seed butters.
- This policy applies to any food items brought to a school event on campus.